

**Care Counselling
Video/Teletherapy Release**

I/we, _____, hereby consent to engage in video/teletherapy with Marla Rauser of Care Counselling in Lloydminster, Alberta. As a client receiving counselling services through video/teletherapy methods, I understand that:

- Any paperwork exchanged will be exchanged through electronic means.
- Confidentiality still applies for video/teletherapy services, and counselling sessions are not to be recorded.
- I understand that there is a risk of being overheard by anyone near me if I am not in a private room while participating in video/teletherapy. I am therefore, responsible to be in a location with sufficient lighting and privacy that is free from distractions or intrusions for my video/teletherapy session. It is the responsibility of the therapist to do the same at his/her location.
- There will be no video/teletherapy session done while driving.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- I may decline any video/teletherapy services at any time without jeopardizing my access to future care, services, and benefits.
- It is important to be on time. If you need to cancel or change your video/teletherapy appointment, you must notify the counsellor in advance by phone or email.
- As your counsellor, I may determine that, due to certain circumstances, teletherapy is no longer appropriate and that we should resume our sessions in-person.
- All session fees are to be paid before the session begins.

I/we accept the above stated guidelines and agree to use the video-conferencing platform selected for our virtual sessions.

_____ Date: _____

Signature

_____ Date: _____

Signature