

### Care Counselling Contract for Services

Welcome to Care Counselling, for children, individuals, couples, families, and groups. Your counsellor is Emma Patenaude. Emma has a Bachelor of Arts in Psychology Degree (Distinction) from the Athabasca University and is currently completing her Master's Degree in Counselling Psychology at Yorkville University towards her psychologist designation. Emma is a Registered Professional Counsellor (RPC) with the Canadian Professional Counsellors Association and a Canadian College of Professional Counsellors and Psychotherapists Registrant (CCPCPR).

Unless you have insurance, service is fee based and costs \$150.00 (plus GST of \$7.50) per 50-minute session. Payment must be made in full directly after the session and can be made by e – transfer to [carecounselling.emma@gmail.com](mailto:carecounselling.emma@gmail.com). A receipt will be issued. Some group plans/insurance cover your costs, it's the client's responsibility to check in advance.

It is expected that you will attend counselling sessions on time as scheduled and that in the event you are unable to attend a counselling session, you agree to provide at least 24 hours notice in advance. If you do not provide 24 hours notice or no-show, you will be charged for the session. This applies to benefit/insurance plans as well.

Counselling is provided by appointment only and not via text or email. Your counsellor may consult with other counselling professionals, but no identifying information will be disclosed without your written consent. Client information is kept confidential unless a release of information has been obtained. Confidentiality may be withheld if you present as a danger to yourself, others, or a risk to public safety where arrangements will be made in office prior to your departure to ensure safety. Other exceptions to confidentiality is if there is an indication of abuse of a child, dependent adult, elderly adult or by court subpoena. If this is a mandatory referral by Social Services, Probation Services, a lawyer, doctor or the court process, content from your sessions are subject to being shared. By signing this contract, you are agreeing to a release of information.

Parental consent is required to counsel children under the age of 18. Proof of parental custody may be required as well as signed consents by both custodial parents in shared parenting arrangements.

Information from sessions can be shared with both custodial parents.

Requests for letters of attendance or reports will require an additional fee of \$50.00 (plus GST of \$2.50) in advance in addition to the counselling fee. More lengthy reports may require an additional fee.

*I have read, understand, and agree to all the terms and conditions specified in this Contract for Services.*

Client(s) print your name(s): \_\_\_\_\_

Birthdates(s): \_\_\_\_\_

Address(s): \_\_\_\_\_

Phone Number(s): \_\_\_\_\_

Email Address(s): \_\_\_\_\_

Signature(s): \_\_\_\_\_

Date: \_\_\_\_\_